

KRAV MAGA SUMMER CAMP

6^E EDITION FEKM

Club Ensolia Le Pré du Lac Ternelia
Lac d'Annecy - Savoie

FROM YELLOW TO 5TH DARGA!
9TH - 16TH JULY 2016

Directed by
Steve SCHMITT 5th darga
European Technical Director
FEKM President France Sector

6 LEVEL GROUPS
With
 Alexandre Orozco 4th Darga
 Patrick Marek 3th Darga
 Franck Boucher 3th Darga
 Jimmy Huvel 3th Darga
 Christophe Chabi 2nd Darga

IMM. LICHTENFELD - FONDATEUR DU KRAV MAGA

	Sunday 10/07	Monday 11/07	Tuesday 12/07	Wed 13/07	Thurs 14/07	Friday 15/07	
8h00							
8h30		Krav Maga	Krav Maga	FREE DAY Suggested (group) activities	Krav Maga	Krav Maga	
9h00							
9h30	Opening of the seminar						
10h00	Admin. aspects						
10h30							
11h00							
11h30	Lunch						
12h00							
12h30							
13h00							
13h30	Krav Maga	Lunch	Lunch	Lunch	Lunch		
14h00		Afternoon free	Afternoon free	Afternoon free	Afternoon free		
14h30							
15h00							
15h30							
16h00							
16h30							
17h00							
17h30							
18h00	Teaching class	Teaching class	Teaching class	Teaching class			
18h30							
19h00							
19h30	Dinner/ Entertainment	Dinner/ Entertainment	Dinner/ Entertainment	Dinner/ Entertainment	Dinner/ Entertainment	Dinner/ Entertainment	
20h00							

Organized by the ASSOCIATION KRAV MAGA LYON, AFFILIATED to the FEDERATION EUROPEENNE DE KRAV MAGA

Infos : 06.79.61.28.82 - stagedete@kravmagalyon.com

<http://www.kravmagalyon.com> or <http://www.krav-maga.net>

REGISTRATION FORM / PLEASE COMPLETE AND RETURN WITH A 100€ DEPOSIT

BEFORE JUNE THE 15TH 2016

KRAV MAGA LYON 17 CHEMIN DU CLOS 69140 RILLIEUX LA PAPE

NAME :

SURNAME :

DATE OF BIRTH :/...../.....

ADDRESS :

COUNTRY :

EMAIL :

TEL. :

☐ FEKM MEMBER

☐ NON FEKM MEMBER

OPTION

☐ A

☐ COMPANION

☐ B

☐ C

PAYMENT

☐ DEPOSIT : 100€

☐ CHEQUE

☐ CASH

☐ TOTAL AMOUNT :€

☐ CHEQUE

☐ CASH

I the undersigned, hereby declare that I am not subject to any pre-existing medical condition liable to aggravation by participation in this course. I take full responsibility for any injuries, ailment or illnesses, whether pre-existing or not, which may subsequently come to light, and I release the organisers from any responsibility whatsoever for any of such conditions, whether pre-existing or subsequent to the course

DATE/...../.....

SIGNATURE 

VENUE



LOCATION : Village Vacances Ensolia, Le Pré du Lac Ternélia,
209 impasse des Champs Fleuris 74410 St Jorioz.



TRAINING : Gymnase omnisport, route du stade, 74410 St Jorioz

ACCOMODATION



Double bedroom (single available) full accommodation

(from dinner saturday 9th July to lunch saturday 16th July).

FREE ACCESS TO ALL INFRASTRUCTURES (5 HA PARK, OUTDOOR SWIMMING POOL, MULTISPORTS...)

ANIMATION AND ENTERTAINMENT ACCORDING TO THE HOLIDAY VILLAGE PROGRAM.

HOTELS NEARBY : contact@kravmagalyon.com

PROGRAM



4 HOURS/DAY DURING 5 DAYS. 6 LEVEL GROUPS :

BEGINNERS, TECHNICAL SYLLABUS : YELLOW BELT TO BLACK BELT 1, 2, 3, 4 and 5th Darga.

MASTER CLASSES TO BECOME INSTRUCTORS.

TARIFFS

	NON FEKM MEMBER	FEKM MEMBER
Option A : 5 days training course + 7 days full accommodation + bus to gym	800 €	745 €
Option Companion : 7 days full accommodation	480 €	
Option B : 5 days training only	365 €	310 €
Option C : day session	75 €	65 €

SUPPLEMENT SINGLE ROOM : 175€ PER WEEK.
ONLY 10 SINGLE AVAILABLE

EQUIPMENT

CLOTHES : KRAV MAGA UNIFORM OR JOGGING, TEE-SHIRT, INDOOR SHOES.

EQUIPMENT : GLOVES, PROTECTIONS...

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N.B. : SORRY, NO REFUND POSSIBLE IF CANCELLATION LESS THAN 30 DAYS BEFORE THE START OF THE COURSE.